

# Kidney disease: 50 years in the making

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## Dear SEDEN,

It is beautiful to look back and see the path you have traveled over these years, long or short, depending on how you look at them and how they are lived.

Because, although they may have passed like a breath since that first nursing society founded in our country in 1975, the history of SEDEN has been lived and grown intensely and with great achievements.

Surely Jandry Lorenzo and Rosa Lavari, who led the first meeting held at the Hotel Ercilla in Bilbao (Basque Country, Spain) did not suspect that 50 years later, thousands of nurses would join this society as an unmistakable sign that those always responsible for the management of kidney patients had, and have, the need to meet, listen to each other, and understand each other.

The essential excellence in care, the sharing of experience, the investigative spirit, the improvement in the management of our services, the concern for the promotion of knowledge, and the dissemination of the best available evidence associated with digital evolution, has been and continues to be our unwavering roadmap. A roadmap that we unfold with a firm step, not without difficult and complicated moments.

Difficult moments surely remembered by the individuals who have held the Presidency and successive boards of directors, for whom SEDEN will always hold its memory and gratitude.

And of course, the history of SEDEN would not be the same without the advice, guidance, and work of the Editorial

Committee, that tireless companion who works year after year to make visible and disseminate the best evidence in nephrology nursing.

We are a living society, rich in knowledge, numerous in members, diverse in models and initiatives, open to the world, enjoying good internal and external health; and one that opens its doors so that the younger generations of nurses come to learn and contribute to this project that is the work of all.

Although it is my intention not to name anyone specifically so that no one is forgotten, allow me in this editorial to have a special remembrance for the two entities with which we feel most closely linked: our patients, ALCER, the reason for our attention, and S.E.N., our nephrologists and colleagues in the daily work, in the specialty, and in the work teams. Both societies are our inseparable travel companions in the task of caring for our renal patients and doing so with the best quality and resolution.

In addition to this, the agreements that SEDEN has formalized with different scientific societies and entities, nursing or not, facilitate our participation and collaboration in all those initiatives and programs that we launch.

It is our mission to emphasize that the constancy, effort, and dedication of those first meetings were a path for many people who came after, who gave their time and continue to do so with the conviction of the importance of nursing care alongside the patient; who continue to fight for this profession, this specialty, and the knowledge that sustains them to be officially and justly recognized.

The current increase in the incidence and prevalence of chronic kidney disease, along with the aging population, the presence of social and cultural diversity in our citizenry, and the change in family structures, propose a change in vision, attitude, and provision of care. Currently, it is a reality that SEDEN is an active and indisputable part in the design of a new strategy for chronic kidney disease led by the Spanish Ministry of Health, and we congratulate ourselves for this.

Nephrology nursing faces, in the immediate future, the challenge of moving beyond the hospital walls. It is time to reach out to our patients' homes and healthcare centers to provide the care that we are competent to provide.

We are a facilitating profession with strong values. Closeness, active listening, accompaniment, adequate information, education, and interaction with the patient and their environment are, in themselves, indispensable, indelibly etched in our professional DNA. We are human, or we are not.

I end this editorial by recalling Seneca's phrase that Jandry pronounced at the first SEDEN meeting: "If a man knows not to which port we are steering, no wind will be favorable." Fortunately, SEDEN, and nephrology nursing, have a clear objective: a shared path, in which everyone fits, welcoming and professionally solid and ambitious.

From this presidency, on my behalf and on behalf of the Board of Directors, I congratulate you, SEDEN, and we will join you to celebrate our 50<sup>th</sup> anniversary in Oviedo (Asturias, Spain).

**For many more years, congratulations!**

## REFERENCES

1. Sociedad Española de Enfermería Nefrológica. Madrid. [cited 25 Jan 2025]. Available at: <https://www.seden.org>



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